

## ORDER FORM - ALL PRICES IN \$AUD

### THE P.E.A.C.E. PACK INCLUDES:

(suitable for primary & secondary schools)

32 page booklet and 12 fact sheets  
**\$350.00**

### OPTIONAL:

Professional development USB for school staff outlining the PEACE Pack intervention  
**\$50.00**

A DVD depicting 4 bullying scenarios (physical, verbal, social, & cyber) for secondary students  
**\$120.00**

An 8 lesson secondary school (Years 8-10) Coping with Bullying - Promoting Wellbeing - for secondary students (Slee & Skrzypiec)  
**\$350.00**

Questionnaire for *junior primary students* for assessing students self reported bullying, coping skills, safety at school and wellbeing  
**\$3.00 per student\***

Questionnaire for *primary students* for assessing students self reported bullying, coping skills, safety at school and wellbeing.  
**\$3.00 per student\***

Questionnaire for *secondary students* for assessing students self reported bullying, coping skills, safety at school and wellbeing.  
**\$3.00 per student\***

\*Postage costs of questionnaires to be met by schools

Please send me the ticked items plus \$10.00 postage and handling for a total cost of: \$ \_\_\_\_\_

Account Name: Phillip Thomas Slee

Account Type: Westpac Choice

Bank: Westpac      Branch: Blackwood, South Australia

BSB: 735 082      Account No: 521316

Name: \_\_\_\_\_

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Contact Ph: \_\_\_\_\_

## WHAT'S NEW IN THE 4TH EDITION?

The 4th edition has been substantially up-dated presenting new information in relation to:

- Bullying and the law
- Bullying and the workplace
- Systemic counselling guidelines
- The role of bystanders in bullying conflicts
- Cyber bullying
- Parent involvement in interventions
- Additional statistics relating to bullying
- Evaluations of the P.E.A.C.E Pack

### The pack also includes:

- Substantially revised Presentation Resources section
- A revised set of fact sheets
- An up-dated list of relevant articles, books and videos



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A program for reducing bullying in our schools

**FOURTH EDITION**

Phillip T Slee (Ph.D)

## EVALUATIONS OF THE P.E.A.C.E. PACK

Since 2001 evaluations of the P.E.A.C.E. Pack have been made in primary and secondary schools in Australia (over 40 schools), and translated and implemented in Japan (3 schools), Malta (9 schools) and Greece (300 schools). The program is currently being implemented in schools in Italy. The evaluations have involved pre and post testing and longitudinal studies across 1-3 years. Over 12,000 students and their teachers have been involved in the evaluations. Typically there are significant reductions in self reported victimization (17-33%), reductions in bullying of other students (5-10%), increases in coping skills, feelings of safety at school, school belonging and benefits to the reported wellbeing of students (see, Slee, 2017 reference for details).

## PEACE FRAMEWORK

The P.E.A.C.E. Pack provides a framework through which schools can adequately address school bullying and violence, is as follows:



**P – Preparation:** preparation and consideration of the nature of bullying



**E – Education:** education and understanding of the issues



**A – Action:** action taken and strategies developed to reduce bullying



**C – Coping:** coping strategies for staff, students and parents



**E – Evaluation:** evaluation, review and celebration of the program

### The P.E.A.C.E. Pack is designed for:

School Administrators, Counsellors, Teachers, Parents, Students and all those who wish to find a stronger voice in speaking out against bullying

The program is specifically designed as a 'stand alone' resource that can be implemented by a school or organization. To this end the resource provides an outline of a workshop format for staff meetings, seminars or a professional development day. This format has been used extensively by the author. Alternatively, the author is available to conduct professional development.

## CONTENTS OF THE P.E.A.C.E. PACK

A 32 page booklet and 12 fact sheets

### The booklet contains:

- Information about the nature and effects of bullying
- Details for implementing the P.E.A.C.E. program in your school
- Reproducible resources for conducting anti-bullying awareness in your school e.g.. staff meetings, school conferences
- A resource list

### The 12 Fact Sheets provide, amongst other topics:

- Practical classroom and school based ideas for intervening to reduce bullying, promote coping and enhance wellbeing across primary and secondary school levels
- Broad outlines of lesson plans to address school bullying for primary and secondary schools
- Ideas for involving parents and the community in school-based anti-bullying interventions
- Practical counselling procedures for students involved in bullying or being victimized.

### Optional:

1. Professional development USB for school staff outlining the PEACE Pack intervention - it comprises a 16 slide powerpoint outlining the P.E.A.C.E Pack intervention and is suitable for use in staff meetings.
2. A DVD depicting 4 bullying scenarios, each 4-5minutes in length (physical, verbal, social, & cyber) for secondary students - scripted, and performed by year 8 students.
3. P.E.A.C.E. Pack Secondary Student Program : Coping with Bullying- Promoting Wellbeing (Secondary School Years 8-10/12-15 yo). A detailed 8 lesson secondary school intervention suitable for use in a pastoral care, home group or curriculum area : The intervention typically runs for 8 weeks and can be delivered by classroom teachers in a 40-45 minute lesson. It has been positively evaluated in Australian, Maltese and Greek schools (see Resource list in P.E.A.C.E. Pack for details of publications).
4. Questionnaires for junior primary, primary and secondary school students for assessing students self reported bullying, coping skills, safety at school and well-being. If the pre and post test questionnaires are administered following the intervention the school makes, the cost of the questionnaires can include data entry and analysis and a 2 page written report (as negotiated with Phillip Slee).

## THE P.E.A.C.E PACK IN YOUR SCHOOL

The P.E.A.C.E. Pack is an intervention program addressing bullying in schools and presents school based strategies that have been shown to reduce school bullying. Teachers, students, principals, parents and school administrators from day-care centres, kindergartens and primary and secondary schools have all contributed to the development of the P.E.A.C.E pack. Particularly valuable contributions to the package were made by the representatives of various secondary and primary schools who met in focus groups over the course of two years to develop, implement and evaluate intervention programs for reducing school bullying. Some of the documented outcomes of these focus group meetings are presented in the associated fact sheets'. Ongoing research in schools and organisations has contributed significantly to the fourth edition.

## ENDORSEMENTS

"The PEACE Pack and its associated resources provide an 'easy-to-follow' framework for addressing school bullying in all its forms. The PEACE Pack provides a practical evidence-based and independently evaluated resource that schools and educators will value as they work to reduce bullying in their schools, classrooms and community" Most importantly, young people were actively involved in the development of the resources employed in the package".

- **A/Professor Barbara Spears (Ph.d)**

School of Education, University of South Australia

## COMMENTS ON THE EARLIER 3 EDITIONS:

'Overall, I have really enjoyed the P.E.A.C.E Pack. It is a very readable resource which has practical applications for staff planning meetings, sessions with students etc. With the added information of tables and statistics it is a very interesting look at bullying and dealing with it.'

'Individual teachers and school staff teams will find the P.E.A.C.E package a practical and valuable guide to preventing and responding to bullying in schools.'

'This (The P.E.A.C.E Pack) is a compact and well presented package that could be used creatively in its own right or in conjunction with other resources.'

### Reference

Slee, P.T. (2017) . School Bullying. Teachers helping students cope Routledge. .London.